

# HELENA LEVITT

ACTRA & CAEA



**HEIGHT:** 5'1"  
**WEIGHT:** 115 lbs.  
**EYES:** Green  
**HAIR:** Brown  
**AGE RANGE:** 45 - 55 yrs



MOMENTS. CAPTURED. MEMORIES. CREATED.

## TELEVISION

Delivery Girl Saves Woman 2.0  
Husband Mistreats Crippled Wife 4.0  
Pregnant at 50  
The Bold Type  
Deadly Secrets  
Funny As Hell  
Being Human  
The Judge

Lead; Christa  
Lead; Abby  
Lead; Lucy  
Actor; Receptionist  
Actor; Victim's Friend  
Actor; Mother in Wheelchair  
Principal; Social Worker  
Principal; Witness

Elio Castello / REID Framed Studios  
Elio Castello / REID Framed Studios  
Elio Castello / REID Framed Studios  
April Winney / Freeform  
Boris Rodriguez / Wam Group  
Adam Brodie / Just For Laughs  
Adam Kane / Muse Entertainment  
Trevor Evans / Gary Gannaway

## FILM

The Unmaking of Josef Balée  
The Glam Mothers  
Sons Of God  
Help Wanted  
Sorry  
Section 753.2  
Entitled Brat  
Too Good to be True

Lead; Ivory Barrett  
Principal; Oncologist  
Principal; Hasidic Victim  
Lead; Entitled Woman  
Actor; Mother of The Bride  
Principal; District Attorney  
Large Principal; Head of HR  
Large Principal; Consoling Friend

McKay Halcro / Concordia University  
Antonio DiVerdis / Pellegrini Productions  
Mathieu Charest/Adama Pict./Exogene Films  
Donna Byrnes / Orkville Productions  
Lauren Wise / LWF Productions  
Richard Condo / Damascus Productions  
Goalcast  
Elio Castello / Paradigm

## THEATRE

Myth of the Ostrich  
Late Company  
Within The Glass  
The Gravitational Pull Of Bernice Trimble  
The Shadow Box  
Motherhood Out Loud  
Aftermath (One Woman Show)  
Pool (No Water)  
Absurd Person Singular

Lead; Pam  
Lead; Debra  
Lead; Linda  
Lead; Iris  
Supporting; Felicity  
Ensemble; Multiple Roles  
Lead; Andrea Dworkin  
Ensemble; Alex  
Supporting; Eva

Dale Hayes / d2 Productions  
Dale Hayes / d2 Productions  
Dale Hayes / d2 Productions  
Dale Hayes / d2 Productions  
Dale Hayes / d2 Productions  
Gordon McCall / Fusebox Productions  
Rob L. & Tracy H./The Waterworks Co  
Gordon M./ Theatre Of The Black Butterfly  
Corey Castle / Griffintown Theatre

## COMMERCIAL

Sleep Country Canada  
Dormez-Vous  
Weight Watchers  
Quebec Breast Cancer; Run For the Cure

Principal; Angry Mother  
Principal; Mère Fiché  
Principal; Business Woman  
Actor; Character

Radke  
Michael Clowater  
Cinéland  
Ricardo Marrone / Marrone Films

## AWARDS

Best Performer in a Play  
Best Leading Actress  
Best Leading Actress

Broadway World Montreal 2023 – As Pam in Myth of the Ostrich  
Broadway World Montreal 2019 – As Linda in Within the Glass  
Broadway World Montreal 2018 - As Debra in Late Company

## TRAINING & EDUCATION

Alexander Technique & Animal Exploration  
Improgym  
Film Acting  
Shakespeare/Scene Study/Auditions  
On Camera Auditions  
On Camera Auditions  
Professional Acting  
Professional Theatre Program

Jean-Louis Rodrigue & Kristof Konrad  
Anik Mattern  
Shimon Aviel  
Gordon McCall  
Elite Casting / Rosina Bucci  
Kenyon Wells / Andrea Kenyon  
Miriam Laurence  
The Dome Theatre

## SPECIAL SKILLS

**Languages:** English, French  
**Accents:** American & Canadian Standard English, Received Pronunciation, French Quebecois  
**Sports:** Down Hill Skiing, Water Skiing, Working Out, Boxing  
**Music/Dance:** Vocal Range; Alto; G3 – E5, Dance; Ballet & Jazz  
**Other:** Driver's License, Animal Lover, Caring Mom, Cooking, Travelling

